

MUAY THAI AT SUWIT



Schedule
Daily

Age limit
Above 7 years old

Difficulty



Muay Thai (Thai Boxing) is a way of defense that is unarmed, and focuses solely on the “Art of Eight Limbs”, and using the “Eight Points of Contact” as your focal point. These are skilled techniques which have been tried and practiced for centuries.

Beginning in the mid 1500’s, martial arts was used during actual warfare. Back in those times it was referred to as Toi muay, muay, or Pahuyuth. Overtime Muay Thai became the name, when it gradually made the change to being a sport. In the mid 1800’s, the Master’s of the Art built training camps to be able to teach the importance of exercise, recreation, self-defense, personal growth, discipline and respect.



Period

Price net per person in Thai Baht / in group of

01.11.2017 – 31.10.2018

SIC Min. 2 pax

2,070 / 1 Hour Training Session



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Terms & Conditions

The quoted rates include:

- Private transfer from/to hotel in Phuket
- 1 hour training session

The quoted rate does not include:

- Activities and meals that are not mentioned in the above itinerary
- Personal expenses
- English-speaking guide

Conditions:

- Program & rates could be subject to change without prior notice due to local conditions.

Disclaimer:

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